

BARNARD BULLETIN

April 2024



DATES TO REMEMBER:

- **April 2:** First day of track practice 2:35-3:30pm
- **April 2:** Environmental Camp parent meeting 6:00pm
- **April 3:** No School- Teacher Professional Development
- **April 4:** School Board Meeting 4:30pm Barnard School
- **April 8:** Solar Eclipse Watch Party 3:15pm
- **April 11:** WHS Step-Up Day for gr. 8 8:15-10:00am
- **April 11:** School Play 6:00pm
- **April 15-19:** Spring Break
- **April 25:** Spring Concert and Art Show, 6:00-6:45
- **April 22:** Return to School
- **April 23:** PTA Meeting 7:30pm Barnard School
- **April 29:** Jump Rope Show 3:00pm in gym
- **April 30:** Parent Information Night: Restorative Practices (childcare and pizza for children) 6:00pm

Dear Barnard Families,

We are incredibly grateful for your support in voting to pass our 2024-2025 school budget and warrant articles. The community's support will allow us to continue to provide a safe and robust academic, social and emotional learning environment for our students. The school is proud to offer an enriched school experience for our students that meets the community vision to emphasize the development of the whole child.

We are looking forward to our Solar Eclipse Watch Party on April 8th at 3:15. If you would like your child to stay after school to attend the event, please fill out the [permission form](#) and return to school by April 5. Please update Pick-Up Patrol. Due to the number of interested students, we will not be able to call home to confirm dismissal wishes. We will require your child to follow what is posted in Pick-Up Patrol regardless of signed permission.

We are excited about our upcoming Spring Concert and Art Show on April 25 from 6:00-6:45! We are asking that all students attend this event. Mr. Emanuel has been planning this event for several weeks and is relying on student participation for it to be successful.

Grade 5-8 students have the option of participating on our school's track team this spring. Track practice begins on April 2nd. Please make sure permission forms and updated physicals are submitted by March 29th if your child plans to participate. We are looking forward to a great season!

We hope you can join us for our first Drama Club performance on April 11. Our school drama club will be performing the play "Everything You Wanted To Know About Middle School (But Were Too Afraid To Ask)". The play will begin at 6:00pm in the gymnasium. The club has worked extremely hard, and we are all looking forward to a fantastic performance. We hope you can come to support the group. The admission cost is \$5 per person or \$20 per family. All community members are welcome to attend.

Our school Jump Rope Club has been hard at work as well over the past several weeks, learning new jump rope skills and tricks. They will be performing a jump rope show on April 29 at 3:00pm in the gymnasium. We hope you can come and cheer them on. It is sure to be a fun event! All community members are welcome to attend.

We will be holding a Parent Information Night about Restorative Practices on April 30 at 6:00pm in the Spanish room. Our school adopted Restorative Practices three years ago in an effort to better support students' social-emotional growth and development. Restorative Practices is an approach to fostering strong relationships within the school. The fundamental premise of restorative practices is that people are happier, more cooperative and productive, and more likely to make positive changes when those in authority do things WITH them rather than TO them or for FOR them. Restorative practices creates a safe and productive space where students develop social and emotional skills that can be used in school and beyond. The goal of the parent night is to inform families of these practices, to improve understanding of our discipline philosophy, and to promote continuity between school and home. Student Council will be providing childcare in the gym for interested families with pizza, and fun! We are hoping for a good turnout!

The 2024-2025 school calendar was approved by the School Board at the March meeting. [Here](#) is a copy of the calendar for your records.

We will be taking our spring break from April 17-21. We hope that you enjoy this time with your families.

Sincerely,

Michelle Witt, Principal

Counselor's Corner

You may have noticed some changes in classroom management and discipline guidelines at Barnard over the past years. These changes are based on the growing evidence that restorative practices are the most effective way to change behavior.

Restorative practices in schools are based on restorative justice principles instead of punishment. They aim first to build classroom communities that are supported by clear agreements/expectations, authentic communication, and specific tools to bring issues and conflicts forward in a helpful way. Restorative Practices focus on 5 R's: Relationship, Respect, Responsibility, Repair and Reintegration.

This month on Tuesday, April 30th from 6:00 to 7:00 pm we will be having a gathering for parents to learn about the restorative practices we have put in place here over the past few years. Childcare will be provided - including pizza!

Come join us to find out more about restorative practices and how you can incorporate these ideas into your family life.

Just a reminder that if the challenges of parenting are ever overwhelming, there is free support to families in the SAU21 through ParentGuidance.org. Check out their website and feel free to contact me if you have any questions or challenges getting connected.

[You're Not Alone coaching flyer](#)

Spanish News

Our students in the K/1 class are learning vocabulary for school supplies through songs, games, videos, stories, and more. Students in grades 2 and 3 are building on the school supply vocabulary they learned last year. It is amazing how quickly they latch onto new words. Students in the grades 4 and 5 classroom are now learning how to discuss the earth and its problems and solutions, as Earth Day approaches. They will learn about environmental challenges in Spanish speaking places. Grades 6 and 7 are learning how to give directions and discuss places in a city. Our oldest students in the 8th grade are preparing for a writing piece that requires them to use a large variety of vocabulary and grammatical concepts from all their years of Spanish instruction at Barnard.

pcole@sau21.org



Guest Reader Day in Grade K/1

Welcome Mrs. Dinneen!

We are pleased to welcome Mrs. Dinneen to Barnard School as our School Nurse Substitute for Mrs. Hayes while Mrs. Hayes enjoys her maternity leave.

Mrs. Dinneen is a registered nurse with over 20 years of nursing experience. She has spent the last 5 years as a nurse substitute in SAU 16 schools. We are lucky to have her here at Barnard for the rest of the year!

PTA News

The next PTA meeting will be held on April 23 at 7:30pm at Barnard School. Please consider joining us!

The [Spring Spirit Wear Store](#) will be open from 4/1-4/15.

Fall Festival Kick Off Meeting is on April 30 at 60 Highland Road at 7:30pm



One School, One Book Kick-Off

2023-2024 Barnard School Yearbooks

Order your 2023-2024 Yearbooks now! [Click here](#) to place your order. Orders are due by May 11, 2024.

Follow Us!



Follow us on Facebook:
Barnard School-South Hampton
Follow us on Twitter: @Barnardschool



Extreme Air Jump Rope Clinic

NURSE'S NEWS

On March 1, 2024, the Centers for Disease Control and Prevention (CDC) updated their COVID-19 guidance. The new recommendations focus on preventing the spread of viral respiratory illnesses in general, such as COVID-19, flu, RSV and others. There is no longer a requirement to stay home for 5 days for a positive COVID-19 test.

When you become sick with a respiratory illness, the guidance recommends you stay home and away from others. You can return to normal activities when your symptoms are improving, and you've had no fever for 24 hours (without the use of fever-reducing medication).

Once normal activities are resumed, you're encouraged to take additional prevention strategies for the next 5 days such as taking more steps for cleaner air, enhancing hygiene practices, wearing a well-fitting mask, keeping a distance from others, and/or getting tested for respiratory viruses.

For additional information, including the rationale and background for these changes, please visit [CDC's Respiratory Virus Guidance](#).

Respiratory Virus Guidance Snapshot

Core prevention strategies				
Immunizations 	Hygiene 	Steps for Cleaner Air 	Treatment 	Stay Home and Prevent Spread*
Additional prevention strategies			*Stay home and away from others until, for 24 hours BOTH: + Your symptoms are getting better + You are fever-free (without meds)	
Masks 	Distancing 	Tests 		
Layering prevention strategies can be especially helpful when: <ul style="list-style-type: none"> ✓ Respiratory viruses are causing a lot of illness in your community ✓ You or those around you have risk factors for severe illness ✓ You or those around you were recently exposed, are sick, or are recovering 				
			Then take added precaution for the next 5 days	